

# Prescription Opioid Use in Stokes County

## Problem

 **14,000+**

North Carolinians died from an opioid-related overdose from 1999 to 2018.

**105+**

Stokes County residents died from an opioid-related overdose from 1999 to 2018. Stokes county had the **fourth highest** opioid overdose death rate in North Carolina from 2013 to 2017.

**4<sup>th</sup> highest**

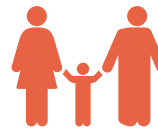
**55%**

of Stokes County opioid overdose deaths from 2013 to 2017 involved **prescription opioids**.

## Causes

**21%**

of Stokes County residents had an opioid prescription in 2018.



That is 2,814,577 opioid pills, enough for every man, woman, and child in Stokes County to have **62 opioid pills**.

**877**

Stokes County residents had a high dose opioid prescription. That is 9% of those with an opioid prescription.\*

**2441**

**2<sup>nd</sup> highest**

Stokes County residents were prescribed both opioids and benzodiazepines.\* That is 25% of those with an opioid prescription, the **2<sup>nd</sup> highest** rate in North Carolina.

\*Increases risk of overdose

## Populations at Greatest Risk in Stokes County



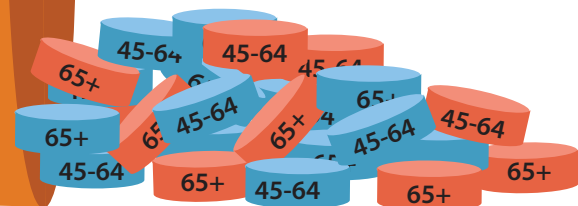
Opioid prescribing rates increase with advancing age.



Females have higher opioid prescribing rates than males. Females prescribed opioids are also more likely to be prescribed both **opioids and benzodiazepines**.



**82%** of Stokes County residents with an opioid prescription had their prescription written by a health care provider in Stokes County.



\*Unless otherwise specified data is for October 2017 to September 2018.

# Steps to Reduce Prescription Opioid Misuse and Overdose



Talk with your health care provider about alternatives to prescription opioids for pain management, such as yoga, acupuncture, chiropractic treatment, or mindfulness training.



Keep prescription medications locked and safely secured within the home through a lockbox, safe, or by simply locking your medicine cabinet.



Don't share your medications with family members and/or friends. Take all medications as prescribed by your health care provider.



Drop off your expired and/or unused medication safely and anonymously at one of your local prescription drug drop box locations.

## Local Prescription Drug Drop Box locations:



### City of King Police Department

110 West King Street  
King, NC 27021  
Phone: 336-983-0886  
Hours: Monday-Friday 8am-5pm



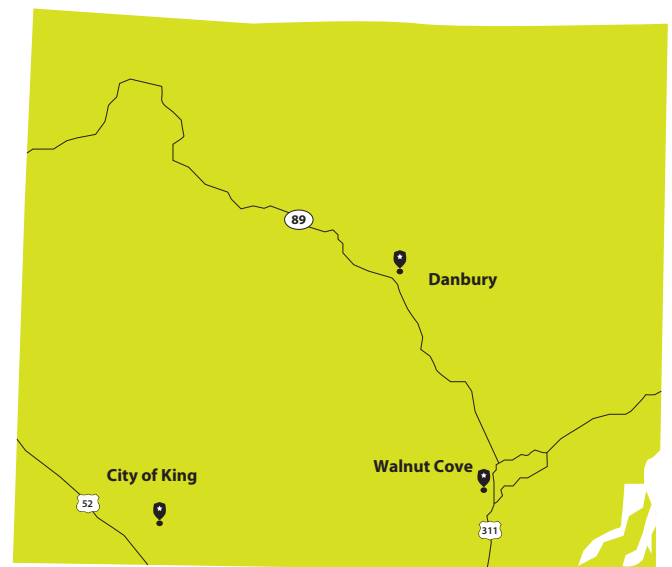
### Stokes County Sheriff's Office

1012 North Main Street  
Danbury, NC 27016  
Phone: 336-593-8787  
Hours: Monday-Friday 8:30am-5pm



### Stokes County Sheriff's Satellite Office Town of Walnut Cove

208 West 3<sup>rd</sup> Street  
Walnut Cove, NC 27052  
Phone: 336-593-8787  
Hours: Monday-Friday 8:30am-5pm



Contact Insight Human Services at **336-413-4237** to learn more about secure medication storage, safe medication disposal, and how you can get involved in preventing opioid misuse and overdose.

### Additional Resources

Lock Your Meds North Carolina: [lockyourmeds.org/nc](http://lockyourmeds.org/nc)

North Carolina Medical Board Notice to Patients: [ncmedboard.org/images/uploads/article\\_images/STOPAct-NoticetoPatients-NCMBbranded.pdf](http://ncmedboard.org/images/uploads/article_images/STOPAct-NoticetoPatients-NCMBbranded.pdf)

Centers for Disease Control and Prevention Opioid Prescribing Information for Patients: [cdc.gov/drugoverdose/patients](http://cdc.gov/drugoverdose/patients)

NC Opioid Action Plan data dashboard: [injuryfreenc.shinyapps.io/OpioidActionPlan](http://injuryfreenc.shinyapps.io/OpioidActionPlan)